Resilient:

Be able to withstand or recover quickly from difficult situations

\mathbf{O} pen-Minded:

Be willing to consider new ideas and accept others

Courageous:

Be brave enough to do what is right or difficult

Kind:

Have good intentions

Engaged:

Be able to practice, be involved, and be present

Trustworthy:

Be able to be relied on as an honest or truthful individual

Spirited:

Be full of energy, enthusiasm, and determination